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*The GTPDD office is centrally located in Oktibbeha County in the Starkville Industrial Park.*

*From the Director. .*



## *The Golden Triangle Planning and Development District Awarded Employer of the Year at Nightingale Gala*

The Golden Triangle Planning and Development District was awarded Employer of the Year (Other than a Hospital) at the eighth annual Nightingale Awards Gala that was held on March 4, 2013 in Jackson, MS. The Employer of the Year (Other than a Hospital) award recognizes an employer of registered nurses that demonstrates recognition for professional nursing and innovation in leadership. The Nightingale Awards Gala is black-tie event sponsored by the Mississippi Nurses Association and the Mississippi Nurses Foundation, and is held yearly at the Marriott in downtown Jackson.

*Cont, page 2.*



## *Nightingale Gala cont.*

Marshall Ramsey, editorial cartoonist for the statewide newspaper, *The Clarion-Ledger*, served as the Master of Ceremonies.

The Nightingale Awards Gala honors those who have exceptionally contributed to the nursing and health care industry in Mississippi. The evening serves as a tribute to recognize the remarkable nurses across the state, in addition to the individuals and organizations that support them. Nurses and organizations are nominated for various awards based on the presence of applicable criteria that pertains to the individual award that the nurse or organization is being nominated for. The nominations are sent to out-of-state judges for evaluation and ranking. The nurse or organization nominee, with the highest ranking from the out-of-state judges' evaluation, receives the corresponding award.

The Golden Triangle Planning and Developing District is a private non-profit 501(c)3 organization that offers an Elderly & Disabled (E & D) Medicaid Waiver Program through the State of Mississippi under the Social Security Act, in addition to a separate elderly and disabled home call program and transitional care program, staffed by three nurse practitioners, that span a seven-county area. The seven counties served by the GTPDD include Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Winston and Webster. Fifteen registered nurses, who are experienced in case management, staff the E & D Medicaid Waiver Program. Through the E & D Medicaid Waiver Program, the GTPDD provides services to elderly and disabled individuals who, without these services, would require skilled care in a nursing

home setting. The nurse practitioner home call program focuses on patients in transitional care, nursing homes, personal care homes, assisted living facilities, and residential care.

Florence Nightingale, who was an English nurse, is considered the founder of modern nursing. The foundation for nursing was created during the Crimean War (1854-1856) when Florence Nightingale was determined to improve the conditions of injured soldiers. The GTPDD truly represents the legacy and spirit of Florence Nightingale. This is evident, in that during the year of 2012, the GTPDD delivered over 600,000 home-delivered meals, provided over 21,000 hours of homemaker services through 120 personal care attendants, an average of 45 hours per month for in-home respite care to 73 caregivers, and escorted transportation for the elderly. The services provided by GTPDD to the general public, who have nutritional and social needs that are not being met, are exemplary of the actual application of Florence Nightingale's beliefs and concepts pertaining to nursing, persons, health, and the environment.

Information for Page 1 Picture: Golden Triangle Planning and Development District employees, left to right: Sharon Duke, Project Developer; Mamie Kosko, Nurse Practitioner; Rupert L. "Rudy" Johnson, Executive Director; Mary A. Smith, Nurse Practitioner and Director of Health Care Services; and Cindi Thompson, Medicaid Waiver Support Staff.

### *January*

Phylis Benson 19 years  
 Janice Davis 05 years  
 Robert Dill 05 years  
 Jessie Evans 14 years  
 Tricia Jones 19 years  
 Rosie Spencer 10 years  
 Patricia Warren 05 years  
 Liz Wyatt 13 years

### *February*

Elizabeth Bishop 08 years  
 George Crawford 35 years  
 Lorene Cummins 09 years  
 Jenny Grantham 09 years  
 Michelle Harris 10 years  
 Lynn Herndon 07 years  
 Ida Spann 08 years  
 Scott Stewart 05 years  
 Mary Ann Thompson 08 years  
 Libby Wansley 08 years  
 Queen Wilson 06 years

### *March*

Claudine Campbell 10 years  
 Jimmy Cole 19 years  
 Sylvia Fair 10 years  
 Stephanie Fenton 09 years  
 Bobby Gann 39 years  
 Ethel Goss 10 years  
 Dixie Higginbotham 07 years  
 Deborah Hill 10 years  
 Jennifer Odom 06 years  
 Barbara Ray 14 years  
 Tekela Taylor 05 years

**Staff Anniversaries**—Staff members that have served at least 5 years

## We Bring the Pharmacy to You!!!

...is the motto of *PharmNet*, a Winona, MS based pharmacy that is reminiscent of early 1900's neighborhood drug stores that delivered medications to the door! But, that is the only way this pharmacy is retro!

Caring and concerned about their customers (particularly the elderly and disabled), two innovative pharmacists were troubled by the difficulty experienced by their patients in traveling to the drugstore (often dipping into limited incomes to pay someone for a ride) and then waiting in line while prescriptions were being filled.

**“Why can't WE go to our customers???” they asked.**

And, that is what Roger Beardain and Stanley Devine decided to do! In July, 2000, the caring pharmacists established *PharmNet*, an ***In-Home Pharmacy Service***, to facilitate easier access to necessary medications, by providing home delivery of prescriptions to their patients, with NO additional charge for the deliveries.

In another creative move, a complementary program was developed, Home Prescription Management. Modern computer software allows PharmNet to:

- Track prescribed medications,
- Monitor for adverse medication interaction,
- Provide alerts for multiple prescriptions of similar medicines, and
- Flag dates that refills are due.

PharmNet staff coordinates with you, your doctor, your caregiver, for your improved health and a decrease in associated healthcare costs for you by assisting you with medication access and compliance. The pharmacy bills the insurance company, and the patient for any co-pay.

Stanley and Roger call their blend of services—filling prescriptions, tracking, monitoring, flagging dates, free delivery, compliance counseling—**RxSync Home Prescription Management and Delivery Services**.

PharmNet does everything for the patient, except take the pills!

PharmNet's goal, insofar as the health and well-being of area elderly, is congruent with the goal of the Mississippi Division of Medicaid and the goal of the Golden Triangle Planning and Development District, i. e. **Keep Individuals in Their Homes as Long as Possible**. And, PharmNet is set up to accommodate patients in all the counties served by the GTPDD: Choctaw, Clay, Lowndes, Noxubee, Oktibbeha, Webster, and Winston.

When interviewed, Stanley Devine shared the response shown on Page 13 of this Newsletter.

In addition to this novel approach to patient medication care, PharmNet is a walk-in pharmacy, with full lines of diabetic products, equipment, and over-the-counter healthcare supplies.

PharmNet services, although originating from concerns for the elderly and disabled, are available to anyone. For additional information, you may inquire in person or via phone/fax.

Hours: 8:00-5:00, Monday through Friday  
Location: 403 Summit Street  
Winona, MS 38967  
PH: **TOLL FREE 1-888-283-7840** or Local: 662-283-1331  
Fax: 662-283-1331

# *Aging . . .*

## **PERSONAL CARE SERVICES.....MAKING A DIFFERENCE**

April, 2011. Alone. Blind. In wheelchair primarily; hard to walk. No family nearby. Need to eat, but cannot see to operate stove. Need to take medications, but don't know which is which. Probably should be in a nursing home, but I love these walls, even if I can't see them and sometimes get disoriented, like "Where is the bathroom?" I spill my drink and cannot see or reach from the wheelchair to wipe it up; my feet always stick to the floor.

*Scary, isn't it?*

November, 2011. Still alone. Still blind. Still in wheelchair; even harder to walk. But, God is good. He sent these nice ladies that arranged for people to bring me lunch during the week, others to clean the nasty bathroom and sheets, others give me baths, and others get spills off the floor. They help me to find where things are and help me with personal needs when my body can't follow instructions.

*Still somewhat scary, isn't it?*

February, 2013. Still alone. Still Blind. Still in wheelchair. Still can't walk. But, now a hearty home-cooked breakfast, soul-food lunch, and yummy soul-food leftovers, clean clothes every day, clean sheets every day, trips to bathroom without accidents, plus a cheerful person to talk to most of the day, plus listening to a person read what I cannot read any more, plus someone who can see to make sure there is nothing unsafe in my home. Glad I did not have to go to a nursing home. My walls are still precious to me. And, life has gotten so much better.

The facts listed above are real. The thoughts are what this observer might think if this observer were caught in the same situation. But, it is impossible to know what one would think, or how one would feel if walking in another's shoes.

Fortunately, thanks to Personal Care Services sponsored by Mississippi Division of Medicaid, GTPDD staff are able to alleviate some of the painful living conditions experienced by many elderly citizens in the GTPDD area.

Mr. Chapple Gavin, pictured, is 71 years old, still lives in Noxubee County where he was born, and during his working years was an employee of Weyerhaeuser in Columbus. He has a sister, Margaret Ann, who lives in Florida and calls him every day. Mr. Gavin says that before he became incapacitated, his favorite past time was rabbit hunting.

The powerful changes in Mr. Gavin's life in February of this year can be attributed to (1) intervention by GTPDD Case Managers Jana Peterson and Lauren Smith who referred Mr. Gavin to the PCS program, and (2) assignment of Anitris Parson (pictured with Mr. Gavin) as his Personal Care Attendant.

When interviewed Anitris reported, “I love this job and I love Mr. Gavin. I fix him his breakfast first thing every morning. He asks for 2 pancakes, 2 eggs, 2 sausages and his orange drink. I cook him a big meal of soul food every day, feeding him before I leave and preparing a plate that I leave in the microwave in case he gets hungry before morning. The most rewarding part of my job is seeing Mr. Gavin happy. He’s My Man! I can’t wait for warm weather to be able to take him out in the sunshine.” {In this observer’s opinion, Anitris, herself, has brought sunshine **inside** with her dedication and efforts to improving Mr. Gavin’s life.}

Anitris, of her own volition and on her personal time, started a campaign to supplement Mr. Gavin’s meager household. Through her efforts he now has a dresser, whereas previously his clothes were stacked on the floor. His wardrobe contains sufficient clothing articles and bed/bath linens to get him through the weekend when she is not there to launder. He has enough kitchen items for her to properly prepare his meals.

When asked about the new services he receives, he said “I feel much better. I think it is good and ‘Nikki’ (Anitris) is good, too.” He smiled. “Don’t want another girl.”

Mr. Gavin’s Case Managers report that he has gained weight since becoming a PCS client. He now receives assistance daily during the workweek. The Case Managers have coordinated with the GTPDD Nurse Practitioners who check and monitor his blood and lab work regularly.

For Mr. Gavin, Personal Care Services has made a significant difference in his life.

Further information on Personal Care Services can be obtained from Phyllis Flake, 324-4650 Ext. 1185, or Dixie Higginbotham, 324-4650 Ext. 1151.

*Ex. Dir. NOTE. GTPDD recently implemented Medicaid Waiver PCS [Personal Care Services], replacing the Homemaker Services for the Elderly and Disabled that were offered for a number of years. See further details on PCS elsewhere in this Newsletter.*

*Staff members like Anitris Parson contribute in so many ways to the well-being of the GTPDD’s senior clients. Many clients are homebound, with little access to social interaction with others. Some clients report that the only other people they see during the week are members of the PDD workforce, who deliver their meals, provide baths or light housekeeping chores, or case management visits to see if they are receiving all community services available to them.*

*Thanks to Anitris and the other 200+ employees serving our senior citizens, for making such a positive impact in the lives of our treasured elderly population. RLJ, Ex. Dir.*



## **Medicaid Waiver Program: Review and Update**

The Division of Medicaid (DOM) is authorized by state legislation and the Centers for Medicare and Medicaid Services to administer the Elderly and Disabled Waiver program. The GTPDD is allocated to serve 1,400 clients and has been very successful in achieving and maintaining this maximum enrollment. There is currently a waiting list of clients in all seven counties served by the GTPDD.

DOM establishes criteria for the Medicaid Waiver Program, which provides home and community-based services that assist Medicaid clients to remain in their homes and avoid institutionalization. Eligibility is determined through a comprehensive preadmission screening instrument encompassing activities of daily living, sensory deficits, cognitive deficits, behaviors and medical conditions.

Fourteen (14) Case Management teams currently serve the GTPDD area. Each team consists of a registered nurse and a licensed social worker who visit each client on a monthly basis to provide, monitor and coordinate the services that are offered through this program. These services may include: Home Delivered Meals, Homemaker Services, In-Home Respite, and Non-Emergency Transportation (NET)\*. Case management teams and contact information are listed below.

Effective June 30, 2013, DOM will replace Homemaker Services with Personal Care Services (PCS). PCS are non-medical support services to assist the client in meeting daily living needs and ensure optimal functioning at home and/or in the community. Services must be provided in accordance with the participant's plan of care. PCS includes assistance with eating, bathing, dressing, personal hygiene, and other activities of daily living. Meal preparation may be provided; however, the cost of meals prepared inhome is not covered. Housekeeping chores may be provided if the care is essential to the health and welfare of the individual, rather than the individual's family. PCS may also involve hands-on assistance or cuing/prompting the participant to perform a task; accompanying and assisting the participant in accessing community resources and participating in community activities; supervising/ monitoring client's home environment (e. g. correcting detriments to easy mobility) in the participant's home. The PCS worker can offer companionable reassurance in a community setting (e. g. trip to a grocery store, or physician's office). The PCS staff member may accompany, when medically justified, participants during transport with transport provided by the Medicaid NET\* provider. Additional PCS information can be obtained by calling Phyllis Flake at 324-4650, Ext. 1185, or Dixie Higginbotham at 324-4650, Ext. 1151.

DOM continues to provide Home Delivered Meals and In-Home Respite Services. GTPDD contact staff are: Home-Delivered Meals, Melody Benseid, 324-4650, Ext. 1113; and In-Home Respite, Felicia Gant, 324-4650, Ext. 1127.

An additional service provided by the GTPDD is insurance counseling for senior citizens. Medicaid clients, who find themselves with more prescriptions per month than is covered by Medicaid insurance, might benefit from prescription assistance. PDD insurance counselor is Sharon Duke, 324-4650, Ext. 1117.\*\*

\*Non-Emergency Transportation (NET) is a DOM Program under the Waiver and must be scheduled from Jackson, MS. More information on this service will be provided as it becomes available.

\*\*This service is completely independent, with no affiliation with private insurance carriers.

## GTPDD CASE MANAGERS

Michelle Harris is the RN Supervisor for the Medicaid Waiver Case Management Program. Current team members are:

### Choctaw

Tina Gill, RN  
Rachel Embry, LSW

### Clay

Mitzi Phelps, RN  
Stephanie Cannon, LSW

### Lowndes #1

Libby Wansley, RN  
Janice Miller, LSW

### Lowndes #2

Cindy Reese, RN  
Lesa Wilson, LSW

### Lowndes #3

Lindsey Marsh, RN  
Angelia Sansing, LSW

### Lowndes #4

Christy Massey, RN  
Emilie Hamilton, LSW

### Noxubee #1

Jana Peterson, RN  
Lauren Smith, LSW

### Noxubee #2

Tammy Castle, RN  
Pamela Triplett, LSW

### Oktibbeha #1

Tina McWhorter, RN  
Lynn Herndon, LSW

### Oktibbeha #2

Stacy Elkins, RN  
Jennifer Grantham, LSW

### Oktibbeha #3

Helen Smith, RN  
Beverly Baker, LSW

### Oktibbeha #4

Charlotte Dowd, RN  
Jennifer Bridges, LSW

### Webster

Nora Hammons, RN  
Chris Bingham, LSW

### Winston

Kim Mills, RN  
Suzanne Winstead, LSW

Anyone interested in the Case Management program, or would like additional information, may call the Medicaid Waiver office at 662-324-7860, option #3.

*NOTE: Mr. Gavin's dilapidated wheel chair finally bit the dust, broken beyond repair. Not to fear, Mr. Gavin. Anitris reported the need and thanks to happenstance and the kindness of a community citizen, as this Newsletter was on its way to press, Mr. Gavin received a new chair. Now Anitris can wheel Mr. Gavin out into the Sunshine!*

See Article, pp 4-5.



# Loans...

## Featured Business..



Columbus, MS (March 18, 2013) – Think “the best sandwich you’ve ever had, with freshly sliced meats and cheese and daily-baked bread.” Then, as quick as you thought about it...there it is. Subs so fast you’ll freak! Well, for residents in the Columbus area, this little daydream is now a reality, all thanks to a guy who in 1983 opened a sub sandwich shop in a garage in Charleston, IL. Now, over 30 years later, Jimmy John’s Gourmet Sandwich Shops has opened its highly anticipated location at 1902 Hwy 45 N. Columbus, MS 39701.



Columbus-area residents can count on the new Jimmy John’s store to be open Monday through Sunday from 11:00 a.m. to 12:00 a.m. to satisfy their need for a freaky fast, freaky good sandwich. Unlike any other sub shop in the country, Jimmy John’s is all about the freshest ingredients and fastest service with sandwiches made with fresh-baked bread, freshly-cut, all-natural meats and vegetables that are sliced daily at each restaurant.

The 56-seat restaurant opened in October. The store delivers to the surrounding area, offers catering and accepts Master Card, Discover, Visa and American Express.



Jim, Adam and Wes Chladny and Brittany Brewer of Patriot Capital Investments own and operate the store. This is their first store.

### ABOUT JIMMY JOHN’S

Jimmy John's Gourmet Sandwich Shops was founded in 1983 by 19-year-old Jimmy John Liataud in a converted garage in Charleston, Ill. In 30 years, the company has grown to over 1600 corporate and franchised locations in more than 45 states throughout the U.S. The company is known for its obsession with fresh, quality products and high-speed execution. For more information, visit [www.jimmyjohns.com](http://www.jimmyjohns.com) or contact the store at 662-337-0090. (Submitted by Jimmy John’s Franchise, LLC)





ESTABLISHED IN CHARLESTON, IL  
IN 1983 TO ADD TO STUDENTS GPA  
AND GENERAL DATING ABILITY.

# JIMMY JOHN'S®

Since **JJ** 1983

WORLD'S GREATEST  
GOURMET SANDWICHES

Corporate Headquarters Champaign, IL

OK, SO MY SUBS REALLY AREN'T GOURMET AND WE'RE NOT FRENCH EITHER. MY SUBS JUST TASTE A LITTLE BETTER, THAT'S ALL I WANTED TO CALL IT JIMMY JOHN'S TASTY SANDWICHES, BUT MY MOM TOLD ME TO STICK WITH GOURMET. SHE THINKS WHATEVER I DO IS GOURMET, BUT I DON'T THINK EITHER OF US KNOWS WHAT IT MEANS. SO LET'S STICK WITH TASTY!

*Jimmy John*



**\$4.99**

## 8" SUB SANDWICHES

All of my tasty sub sandwiches are a full 8 inches of homemade French bread, fresh veggies and the finest meats & cheese I can buy! And if it matters to you, we slice everything fresh everyday in this store, right here where you can see it. (No mystery meat here!)

### #1 PEPE®

Real applewood smoked ham and provolone cheese garnished with lettuce, tomato, and mayo.

### #2 BIG JOHN®

Medium rare choice roast beef, topped with yummy mayo, lettuce, and tomato.

### #3 TOTALLY TUNA®

Fresh housemade tuna, mixed with celery, onions, and our tasty sauce, then topped with cucumber, lettuce, and tomato. (My tuna rocks!)

### #4 TURKEY TOM®

Fresh sliced turkey breast, topped with lettuce, tomato, sliced cucumber, and mayo. (The original)

### #5 VITO®

The original Italian sub with genoa salami, provolone, capicola, onion, lettuce, tomato, & a real tasty Italian vinaigrette. (Hot peppers by request)

### #6 VEGETARIAN

Layers of provolone cheese separated by real avocado spread, sliced cucumber, lettuce, tomato, and mayo. (Truly a gourmet sub not for vegetarians only ..... peace dude!)

### J.J.B.L.T.®

Bacon, lettuce, tomato, & mayo.  
(The only better BLT is mama's BLT)



## ★ SIDES ★

- ★ Soda Pop ..... \$1.49/\$1.89
- ★ Giant chocolate chip or oatmeal raisin cookie ... \$1.50
- ★ Real potato chips or jumbo kosher dill pickle.... \$0.99
- ★ Extra load of meat ..... \$1.50
- ★ Extra cheese or extra avocado spread ..... \$0.50
- ★ Hot Peppers..... \$0.35

### FREEBIES (SUBS & CLUBS ONLY)

Onion, lettuce, tomato, mayo, sliced cucumber, Dijon mustard, oil & vinegar, and oregano.

**\$3.99**

## PLAIN SLIMS®

Any Sub minus the veggies and sauce

- SLIM 1 Ham & cheese
- SLIM 2 Roast Beef
- SLIM 3 Tuna salad
- SLIM 4 Turkey breast
- SLIM 5 Salami, capicola, cheese
- SLIM 6 Double provolone

### Low Carb Lettuce Wrap



Same ingredients and price of the sub or club without the bread.

## JIMMY TO GO® CATERING

BOX LUNCHES, PLATTERS, PARTIES!

DELIVERY ORDERS will include a delivery charge per item.

★ ★ JIMMYJOHNS.COM ★ ★

**\$7.99**

## THE J.J. GARGANTUAN®

This sandwich was invented by Jimmy John's brother Huey. It's huge enough to feed the hungriest of all humans! Tons of genoa salami, sliced smoked ham, capicola, roast beef, turkey & provolone, jammed into one of our homemade French buns then smothered with onions, mayo, lettuce, tomato, & our homemade Italian dressing.

**\$5.99**

## GIANT CLUB SANDWICHES

My club sandwiches have twice the meat or cheese, try it on my fresh baked thick sliced 7-grain bread or my famous homemade french bread!

### #7 GOURMET SMOKED HAM CLUB

A full 1/4 pound of real applewood smoked ham, provolone cheese, lettuce, tomato, & real mayo!

### #8 BILLY CLUB®

Choice roast beef, smoked ham, provolone cheese, Dijon mustard, lettuce, tomato, & mayo.

### #9 ITALIAN NIGHT CLUB®

Real genoa salami, Italian capicola, smoked ham, and provolone cheese all topped with lettuce, tomato, onion, mayo, and our homemade Italian vinaigrette. (You hav'ta order hot peppers, just ask!)

### #10 HUNTER'S CLUB®

A full 1/4 pound of fresh sliced medium rare roast beef, provolone, lettuce, tomato, & mayo.

### #11 COUNTRY CLUB®

Fresh sliced turkey breast, applewood smoked ham, provolone, and tons of lettuce, tomato, and mayo! (A very traditional, yet always exceptional classic!)

### #12 BEACH CLUB®

Fresh baked turkey breast, provolone cheese, avocado spread, sliced cucumber, lettuce, tomato, and mayo! (It's the real deal, and it ain't even California.)

### #13 GOURMET VEGGIE CLUB®

Double provolone, real avocado spread, sliced cucumber, lettuce, tomato, & mayo. (Try it on my 7-grain whole wheat bread. This veggie sandwich is world class!)

### #14 BOOTLEGGERS CLUB®

Roast beef, turkey breast, lettuce, tomato, & mayo. An American classic, certainly not invented by J.J. but definitely tweaked and fine-tuned to perfection!

### #15 CLUB TUNA®

The same as our #3 Totally Tuna except this one has a lot more. Fresh housemade tuna salad, provolone, cucumber, lettuce, & tomato.

### #16 CLUB LULU®

Fresh sliced turkey breast, bacon, lettuce, tomato, & mayo. (JJ's original turkey & bacon club)

### #17 ULTIMATE PORKER™

Real applewood smoked ham and bacon with lettuce, tomato & mayo, what could be better!

**WE DELIVER! 7 DAYS A WEEK**

**COLUMBUS 1902 HWY. 45 N. 662.327.0090**

**"YOUR MOM WANTS YOU TO EAT AT JIMMY JOHN'S!"®** 

# *Planning . . .*

## **FY2013 CDBG Applications Due May 13-17, 2013**

Local units of government should plan immediately for the upcoming FY13 Community Development Block Grant (CDBG) Application process. CDBG Public Facilities applications will be accepted by the Mississippi Development Authority from May 13 - 17, 2013.

The FY2013 Community Development Block Grant (CDBG) Final Statement outlining the application process for this year will soon be released by the Mississippi Development Authority (MDA) at which time specific program guidelines will be available. The minimum threshold requirements are that at least 51% of the project beneficiaries are of low and moderate income and applicants must have no open Public Facility (Regular or Small Government), Emergency/Urgent Needs, or Self Help grants. A significant decrease in funding is available for local units of government, as this year's allocation from the U.S. Department of Housing and Urban Development (HUD) is only \$23,838,889.

It is important for governmental entities to remember that the Community Services Division of MDA must receive an audit-reporting package within nine (9) months following the end of the fiscal year. The Single Audit Act Amendments of 1996 and Office of Management and Budget Circular A-133 require a single audit for state and local governments which expend \$500,000 or more in federal awards for that year. Entities, which expend less than \$500,000 a year in federal awards, are exempt from federal audit requirements for that year, but an acceptable Funding Certification Form must be submitted to MDA. Failure to provide this information to the Mississippi Development Authority in a timely manner will **disqualify** an applicant from submitting a CDBG application during the fiscal year. Any governmental entity needing assistance with this matter should contact the PDD.

Other significant dates:

- April 5, 2013 – Due Date for Water Viability Studies for Public Facilities
- April 12, 2013 – Due Date for Close-out Packages for CDBG Program
- July 8, 2013 – Due Date for Matching Funds in Place for CDBG Public Facilities

## **Town of Caledonia.....completes sewer system improvements**

Construction on a new sewage lift station and sewer line extension has been completed in the Town of Caledonia. A grant of \$100,000 was received by Caledonia from the Mississippi Development Authority through the Small Municipality/Limited Population County Grant Program. The new lift station is designed to serve an area, including a large grocery store, that previously did not have access to the public sewer system. The lift station has dual alternating pumps with a pumping capacity of 50 gallons per minute. Pictured is Mayor George Gerhart at the site of the newly constructed lift station.

Staff from the GTPDD prepared the grant application and Calvert-Spradling Engineers of West Point were the engineers for the project. The Town of Caledonia provided additional funding for the project to cover the total cost of the construction, which was just over \$122,000.



### **CHESTNUT COMMONS Collaborative Effort Pilot Project**

In response to a Funding Opportunity Announcement (FOA) issued by the Mississippi Development Authority (MDA), Golden Triangle Planning and Development District, the City of Starkville and Lewko Properties, LLC joined forces to address an aesthetically deficient retail strip center known as “Chestnut Commons.” This once vibrant shopping center, constructed in the late 1970’s, lacked curb appeal and had reached the point of visual disrepair. In addition, the parking lot was filled with crumbling pavement that posed safety hazards to retail customers and employees alike.



Utilizing a \$50,000 grant, which required an additional \$50,000 private investment, the developer was able to reconstruct the parking lot and enhance and improve the structure of this development with the addition of paint, awnings and exterior crown molding. The City and the Mississippi Department of Transportation widened adjacent Louisville Street, which involved resurfacing, boulevarding and adding an 8-foot sidewalk.

With only \$200,000 set aside by MDA for this competitive-application-pilot-project, the purpose of the **Retail Center Revitalization Program** was to assist in the revitalization of dilapidated or unsightly retail real estate developments, commonly referred to as “strip centers” in a way that contributes to an ongoing coordinated revitalization effort in a local community. The financial contribution of this grant, with the investment of private dollars and public funds to improve a main thoroughfare leading directly to Starkville’s downtown central business district, has allowed for strengthening revitalization efforts of this area, which have brought tremendous improvements to a dilapidated retail strip center.



## Housing Department



Pictured: City of Macon Mayor Bob Boykin handing Ms. Hazel McCoy the keys to her new home.

The City of Macon 2010 HOME Grant continues to progress. One mobile home and two houses have been completed. The remaining homes are under construction and are scheduled for completion within the next few months.



The Town of Crawford recently completed its 2010 HOME Grant. The \$307,183 award benefited ten (10) low to moderate income Crawford residents, and allowed one new home to be constructed and two new mobile homes to be installed.

### **ROASTED VEGETABLES**

- 6 medium beets, peeled and cut into chunks
- 2 ½ tablespoons oil
- 1 teaspoon garlic powder
- 1 teaspoon salt
- 1 teaspoon ground black pepper
- 1 teaspoon sugar
- 3 medium sweet potatoes, cut into chunks
- 1 large onion, chopped

1. Preheat oven to 400 degrees.
2. In a bowl, toss the beets with ½ tsp. oil to coat. Spread in a single layer on a baking sheet.
3. Mix the remaining 2 tsp. oil, garlic powder, salt, peppers and sugar in a large re-sealable plastic bag. Place the sweet potatoes and onion in the bag. Seal bag and shake to coat vegetables with oil mixture.
4. Bake beets 15 minutes in the preheated oven. Mix sweet potatoe mixture with the beets on the baking sheet. Continue baking 45 minutes, stirring after 20 minutes, until all vegetables are tender.

## **PharmNet History and Facts**

*Submitted by Stanley Devine, Co-owner*

First, we would like to thank Golden Triangle Planning and Development District for their dedication and sincere desire to make the lives of their clients better through improved health and welfare. This helps their clients live comfortably at home, which happens to be the best place to provide for their healthcare, and, right where they want to be. Secondly, we would like to thank them for allowing us to work beside them to achieve this goal. One of the biggest problems in the elderly population is managing their medications because of the complexities and expenses their prescriptions can cause. This is where we can help GTPDD manage their clients' healthcare and hopefully be a partner in improving the lives of their clients.

PharmNet started 13 years ago with a goal of providing a better and more reliable source of medications for the hard-to-reach patients within our rural counties. We noticed in our previous setting that many patients had difficulties getting their medications and had to rely on family, friends, or, in some cases, nurses to pick up their medications. With these family, friends, and nurses being so busy with their regular jobs and activities, sometimes the patients would do without medications until someone could get to them. We felt there was a need that was not being provided for and were eager to fill it. Thus, PharmNet was started.

As we started providing for this need, we also noticed that many of these patients were not taking their medications for a variety of reasons. Once we filled the physical need of making sure they had their medications when they needed them, many were still not taking them correctly. We quickly realized that patients not taking their medications correctly (non-adherence) was a very real problem that we could not see in our previous setting. All the literature told of how serious this problem was but because of the way our healthcare system manages patients and their medications, it was not obvious. We have had a desire to make a difference in our patients lives by helping them with their medications, but the way we had been filling and managing our patients' medications in the past would not let us do that. But now, we had found a way!

We work with our patients unlike any other pharmacy provider. We run our pharmacy unlike any other provider and we have to in order to manage our patients' medication requirements like we do. Our desire is not to just fill a prescription, but to make sure that the patients have the right medications at the right time. If we are to make this happen, it doesn't stop there. We have to also provide some assistance with taking the medications properly. This assistance is what separates our services from other pharmacy providers. We realize how important it is for the patient to take their medications correctly and how important it is for us, as a healthcare provider, to step out from behind the counter and in this case into the home, to provide as much of this assistance as possible.

With our unique way of filling prescriptions and managing our patients' medication needs, we are able to work more closely with the GTPDD to achieve the goals we both have for our patients: keeping individuals in their homes as long as possible.

### **PharmNet Staff:**

Roger Beardain and Stanley Devine – Pharmacists/Owners  
Brenda Simmons & Alethia Pope – Patient Coordinators  
Hazel Jones – DME Manager  
Bernadette Braswell – Billing Clerk  
Jennifer Carpenter - Pharmacy Clerk

Amy Costilow, Beth Wells, Leslie Dees &  
Tera Varner – Pharmacy Techs  
Marion Campbell, Lola Flowers & Kay Slocum  
DME Contractors-  
John Hightower, Donald Ferguson, Tina Crumbley &  
Wesley Beardain - Contract Delivery Drivers

Steven

*WIA*  
*(Workforce Investment Act) . . .*

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J-A-Y

*How Does WIA Spell SUCCESS? ....*

M-I-R-A-N-D-A

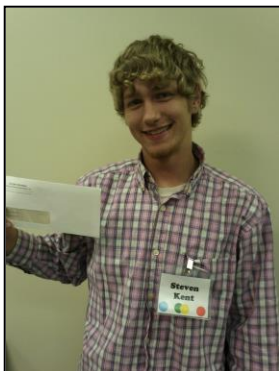
G-H-A-S-I-T-Y



At the age of 18, without a formal education, Miranda discovered that employment is hard to find. She came to the Golden Triangle Planning & Development office seeking assistance and guidance. At first Miranda seemed shy, but well mannered and eager to learn. Throughout the application process and interview, the WIA staff learned a little about her past and a lot about her hopes for the future! In the past she had tried various education options to get her high school diploma. She attended two high schools with no success and eventually decided to try home-schooling. At the time of applying for the C2C program she was not enrolled in an adult education program but showed a desire to attain her GED. She stated that she was interested in the medical field but would like to explore other career options.

Miranda completed her seven (7) week Smart Work Ethics training at the top of her class and received a job placement at a local walk-in medical clinic where she served as a receptionist and file clerk. She received high scores on her worksite evaluation and reported numerous compliments by her supervisors and coworkers. Upon completion of her WIA hours, Miranda was not hired by her employer because at the time there was no position available. Miranda continued to use her time wisely. Through the support and assistance of her C2C counselor, Miranda enrolled in adult education classes, received extra tutoring, and built test taking skills. She received her GED a few months later. During this time Miranda earned money to help with living expenses by providing childcare for several friends and family members. In mid-November Miranda received a call requesting she interview for a job opening at the walk-in medical clinic, her WIA worksite! She was hired part time with a view toward a full time promotion.

Congratulations, Miranda, on your perseverance and goal reached!



Steven Kent receiving \$100 for GED

Since enrolling in the Counseling to Career Program February 13<sup>th</sup> Steven has earned his GED, completed Smart Work Ethics training and is scheduled to begin his work experience in early April.

Congratulations Steven! Keep up the good work!



Chasity reports her past seven months as busy and exciting:

- August 28, 2012-----Joined the Counseling to Career Youth Program
- October 16, 2013 ----- Completed Smart Work Ethics Training
- February 22, 2013 ----- Received GED
- February 25, 2013 ----- Began job experience at Ackerman Head Start

Congratulations, Chasity !



James (Jay) Edwards receiving \$100 for GED completion

In early February, Jay Edwards joined the Counseling to Career Program and shortly thereafter, February 22, earned his GED. He is currently attending Smart Work Ethics training and is scheduled to begin his work experience in early April.

Jay represents **Workforce In Action!**



William (Billy) Wrenn receiving \$100 for GED completion

Billy joined the C2C program January 29, 2013 and received his GED on February 22. Billy has completed Smart Work Ethics training and is scheduled to begin his work experience in early April.

Another WIA winner!

If you know youth who are 21 years or younger, not currently enrolled in school, and desiring better futures, suggest they call Mitzi Lawrence @ 662-324-7860 ext. 1128 for information on GTPDD's Counseling to Career Program.

## April 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 1:30 Party Bridge To play call 338-9442.	2 1:00 Senior Game Day! Come Play!	3 10:00 - 2:00 Stitching with Marie Afternoon Visiting	4 1:00 "Solar Solutions" Will Hegman	5 1:30 Party Bridge To play call 338-9442.	6 What is a "free" gift? Aren't all gifts free???
7 You can tell more about a person by what he says about others than about what others say about him. L. Aikman	8 1:30 Party Bridge To play call 338-9442.	9 1:00 Senior Game Day! Come Play!	10 10:00 - 2:00 Stitching with Marie Afternoon Visiting	11 1:00 Senior Game Day! Come Play!	12 1:30 Party Bridge To play call 338-9442.	13 All I ask is a chance to prove that money can't make me happy....
14 Don't judge each day by the harvest you reap, but by the seeds you plant. Robert Louis Stevenson	15 1:30 Party Bridge To play call 338-9442.	16 1:00 Senior Game Day! Come Play!	17 10:00 - 2:00 Stitching with Marie Afternoon Visiting	18 1:00 Senior Game Day! Come Play!	19 1:30 Party Bridge To play call 338-9442.	20 One nice thing about egotists: they don't talk about other people.
21 It wasn't raining when Noah built the ark. Howard Ruff	22 1:30 Party Bridge To play call 338-9442.	23 1:00 Movie Day! "Sister Act I" Whoopi Goldberg	24 10:00 - 2:00 Stitching with Marie Afternoon Visiting	25 1:00 Senior Game Day! Come Play!	26 1:30 Party Bridge To play call 338-9442.	27 How can there be self-help "groups"?
28 Hem your blessings with thanks so they don't unravel. Anonymous	29 1:30 Party Bridge To play call 338-9442.	30 1:00 Senior Game Day! Come Play!	<b>Starkville Senior Enrichment Center</b> 106 Miley Drive, P.O. Box 828 Starkville, MS 39760 662-324-1965			

### Starkville Senior Enrichment April 2013 Calendar